



What is Telemedicine?

Telemedicine refers to the practice of using telecommunications technology to evaluate, diagnose and care for patients at a distance thru video conference. The patient and healthcare provider communicate using a computer. The patient may participate using a personal computer with a webcam or cellular phone with a built-in video camera.

Telemedicine is appropriate for many primary care and follow up visits. It is a good alternative to urgent care clinics or emergency rooms for non-emergency situations.

Key Benefits

No transportation time or costs

No need to take time off work

Eliminate child or elder care issues

Less exposure to illness

Improved health outcomes

Common Concern About Telemedicine

Accuracy- we realize that not every medical situation is right for a video visit. Our staff know when it is safe and effective to conduct an encounter using telemedicine and if necessary, can conduct onsite visit.

Privacy and Security

Our telemedicine solution is designed specifically to protect patient information and meet the strict standards of HIPAA.

Insurance Coverage

Due to COVID-19 Pandemic - Telemedicine is covered due to the Governor of Arizona Executive Order for all insurance plans in Arizona this includes plans



like Medicare, Medicare Advantage, UHC, Aetna, BCBS, Cigna, ACN, Humana, and Bright Health Patients. It will not cost the patient anything more than an in-person visit would under their coverage.

Common treatable Medical Conditions via Telemedicine

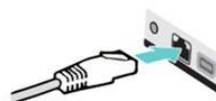
Allergies, Arthritis, Asthma, Bronchitis, Colds and Flu, Diarrhea, Infections, Insect Bites, Sore throat, Pink Eye, Rash, Cough, Sinus, Sprains, Kidney Infections, UTI, Stomach bugs, Diabetes, High Blood Pressure, Cholesterol, Birth Control Counseling, Thyroid disease, Musculoskeletal.

To Setup Appointment

Please call our office at 480-539-8680, or email us thru the patient portal to be scheduled with one of our Telemedicine Healthcare Providers.

Tips for a great visit

Use strong wifi or an ethernet cable



Make sure you have the newest updates



Adjust lighting and reduce background noise

