

# HOW TO CHECK IN FOR YOUR TELEHEALTH VISIT

- 1) Use a computer or device with camera/microphone

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- 2) Type gilbertcenter.net into your web browser



- 3) Scroll to the section “ Individual Telemedicine Waiting Rooms” and select Start a telemedicine call with hyperlink for the provider your Telehealth appointment has been scheduled with:



- 4) Allow your browser to use your webcam and microphone. Type your name and click check in:



Your provider will arrive shortly.