

## Patient Information

Last Name	First Name	Middle Name	
	////	Female 🗌 Ma	ale
Social Security	Birth Date	Gender	
		vorced 🔲 Widowed 🔲 Legally Separated	
— Hispanic/La	tino 🔄 Middle Eastern 🔤 Pae	:k □ American Indian/Alaska Native □ A: cific Islander □ Other □ Declined TO Spe :ino Origin □ Unknown □ Declined TO Sp	ecify Regulation
			Regulation
Address Ap	t# City	State	Zip
(	) (	)	
Home Phone Primary Da	y Phone 🔄 Primary Alt	ternative Phone 🔲 Primary	
Email Address			
Emergency Contact Last Name	Emergency Contact First Na Home Work Cell	ame Relationship	
·/	Phone Type	How did you hear about our office?	
Guarantor Information			
Guarantor Last Name	Guarantor First Name	Guarantor Middle Name	
Social Security	//////	Female	
Address	Apt#	City State	 Zip
Guarantor Relationship	Home Phone Primary	Day Phone Primary	
Insurance Information			
Policy Holder Last Name	Policy Holder First Name	Policy Holder Middle Name	
Social Security	///////	Gender	
Address	Apt#	City State	Zip
Policy Holder Relationship	Home Phone Primary	Day Phone Primary	
Primary Insurance Company	Policy Number	Group Number	
Secondary Insurance Company Acknowledgement	Policy Number	Group Number	

I certify that the above information is true and correct. I hereby authorize release of any and all medical information that may be requested by the above named insurance carrier(s) in order to process claim for benefits. I understand that I am financially responsible for all charges whether or not paid by insurance. I understand that I am financially responsible for all charges accumulated from any missed appointments that were not cancelled by the patient at-least 24 hours prior to my scheduled appointment. In the event of default and account is placed with a collection agency, I agree to pay the fees of the collection agency equal to a maximum of 50% of the outstanding balance at the time the account is placed the agency and interest accrual of 10% per year on the principal balance. Should legal action be necessary to collect the account, I agree to pay attorney fees and court costs that occur.

Date

		Pharmac	У		
Primary			Cross Streets		
-					
Secondary or Mail Order			Cross Streets		
		Advanced Dire	ectives		
Type   None  Ref  Living Will  Do			o Not Resuscitate ower of Attorney	e Effective/	_/
	inot ridee		ower of Actorney	Dute	
		Allergies		n No A	llergies
		*Please Specify Allerg	y & Reaction*		
		Medicatio	ns	□ No Med	ications
Medication Name		Strength		Directions	
		Strength		Directions	
		Past Medical/Surgi	ical History	  No Relevant	History
Past Medical History		Past Medical/Surgi		No Relevant	
-	Year	Past Medical/Surgi	ical History Year	No Relevant     Liver Disease	History Year
□ Allergies		<ul> <li>COPD</li> <li>Coronary Artery Diseas</li> </ul>	Year	<ul> <li>Liver Disease</li> <li>Migraine Headaches</li> </ul>	
□ Allergies □ Anemia		□ COPD	Year	<ul> <li>Liver Disease</li> <li>Migraine Headaches</li> <li>Myocardial Infarction</li> </ul>	
□ Allergies □ Anemia □ Angina □ Anxiety		<ul> <li>COPD</li> <li>Coronary Artery Diseas</li> <li>Crohn's Disease</li> <li>Depression</li> </ul>	Year	<ul> <li>Liver Disease</li> <li>Migraine Headaches</li> <li>Myocardial Infarction</li> <li>Osteoarthritis</li> </ul>	Year
- Allergies - Anemia - Angina - Anxiety - Arthritis		<ul> <li>COPD</li> <li>Coronary Artery Diseas</li> <li>Crohn's Disease</li> <li>Depression</li> <li>Diabetes</li> </ul>	Year	<ul> <li>Liver Disease</li> <li>Migraine Headaches</li> <li>Myocardial Infarction</li> <li>Osteoarthritis</li> <li>Osteoporosis</li> </ul>	Year
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Past Medical History  Allergies Anemia Angina Anxiety Arthritis Asthma Atrial Fibrillation Benign Prostatic Hypertrophy Blood Clots Cancer Type Cerebrovascular Accident  Past Surgical History Angioplasty		<ul> <li>COPD</li> <li>Coronary Artery Disease</li> <li>Crohn's Disease</li> <li>Depression</li> <li>Diabetes</li> <li>Gallbladder Disease</li> <li>GERD</li> <li>Hepatitis C</li> <li>Hyperlipidemia</li> <li>Hypertension</li> </ul>	Year	<ul> <li>Liver Disease</li> <li>Migraine Headaches</li> <li>Myocardial Infarction</li> <li>Osteoarthritis</li> <li>Osteoporosis</li> <li>Peptic Ulcer Disease</li> <li>Renal Disease</li> <li>Seizure Disorder</li> </ul>	Year
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<ul> <li>Cholecystectomy</li> <li>Colectomy</li> <li>Colostomy</li> </ul>	<ul> <li>Small Bowel Resection</li> <li>Thyroidectomy</li> <li>Tonsillectomy</li> </ul>	n
Additional History		
System	Disease	Ye
Management	Outcome	Ye
Patient Adopted	Family His	tory
Diagnosis	Family Member(s) Immediate *Please Specify Side Of Fami	
ADD/ADHD Alcoholism		
Allergies		
Alzheimer's Disease		
Asthma		
Blood Disease		
CAD (Coronary Artery Disease)		
CAD - Premature		

# **Medical History 2**

ily Member(s) Immediate Family			ath Cauce
Family History		No Releva	ant History
come	Year	,	
ease	Year	<ul> <li>Prostate Biopsy</li> <li>TURP</li> <li>Vasectomy</li> </ul>	
		Males Only	Year
<ul> <li>Small Bowel Resection</li> <li>Thyroidectomy</li> <li>Tonsillectomy</li> </ul>		<ul> <li>Reduction Mammoplasty</li> <li>TAH/BSO</li> <li>Vaginal Hysterectomy</li> </ul>	

Diagnosis	*Please Specify Side Of Family (Mother or Father)*	Age Onset	Death Cause
ADD/ADHD			Yes
Alcoholism			Yes
Allergies			Yes
Alzheimer's Disease			Yes
Asthma			Yes
Blood Disease			Yes
CAD (Coronary Artery Disease)			Yes
CAD - Premature			□ Yes
Cancer Type			□ Yes
CVA (Stroke)			Yes
Depression			□ Yes
Developmental Delay			Yes
Diabetes			□ Yes
Eczema			□ Yes
Hearing Deficiency			□ Yes
Hyperlipidemia			□ Yes
Hypertension			□ Yes
Irritable Bowel Disease			□ Yes
Learning Disability			□ Yes
Mental Illness			□ Yes
Migraines			□ Yes
Obesity			□ Yes
Osteoarthritis			□ Yes
Osteoporosis			□ Yes
PVD Renal Disease			□ Yes □ Yes
Seizure Disorder Other			□ Yes □ Yes

# **Social History**

## Statuses

Race	African American/Black	Caucasian/White	Pacific Islander/Native Hawaiian
	<ul> <li>American Indian/Alaska Native</li> <li>Asian</li> </ul>	<ul> <li>Hispanic/Latino</li> <li>Middle Eastern</li> </ul>	<ul> <li>Other</li> <li>Do Not Wish To Disclose</li> </ul>
Ethnicity	I Hispanic/Latino Origin	No Hispanic/Latino Origin	Unknown
-	<ul> <li>English</li> <li>Spanish</li> <li>Other</li> </ul>		glish anish ner
Country Of Birth	🗆 USA 🛛 Other	Hand Dominance	🛛 Right 🗆 Left 🗆 Ambidextrous
Employer (Name)		Occupation (Type Of V	Vork)
Employment State	us - Full Time - Part Time	<ul> <li>Self-Employed</li> <li>Unemployed</li> </ul>	<ul> <li>Retired <i>Date</i>//</li> <li>Other</li> </ul>
Work Restrictions	□ avoid dust/fumes □ no climbing	<ul> <li>no heavy lifting</li> <li>Other</li> </ul>	



# **Medical History 3**

Marital Status	<ul> <li>Married</li> <li>Single</li> <li>Divorced</li> <li>Widowed</li> </ul>	<ul> <li>Life Partner</li> <li>Legally Separated</li> <li>Annulled</li> <li>Other</li> </ul>	Previously Widowed Previous Divorce	<ul><li>No</li><li>Yes</li><li>No</li><li>Yes</li></ul>
Has Children	🗆 No 🗆 Yes	Number of Sons	Number o	f Daughters
Tobacco/Alcohol/Cat	ffeine			
Uses Tobacco	Current	Former	Never	🗆 Unknown
Тоbассо Туре	<ul> <li>Chewing</li> <li>Cigar</li> <li>Cigarettes</li> </ul>	<ul> <li>Pipe</li> <li>Smokeless</li> <li>Snuff</li> </ul>	Units/Day Years Used Pack Years	
Ever Tried To Quit?	🗆 No 🗆 Yes	Year Quit	Longest Tobacco Free	9
Relapse Reason		Passive Smo	ke Exposure 🛛 🗠 No	□ Yes
Smoker Status	<ul> <li>Current Every Day Sr</li> <li>Current Some Day Sr</li> </ul>			ner Smoker nown If Ever Smoked
Drinks Alcohol	🛛 No 🗠 Yes 🗠 For	merly Caffeine	□ No □ Yes	
Lifestyle – Other				
Activity L □ Moderate □ Sedent		lealth Club Member	Туре Оf	Exercise
Exercise Fre	quency Ho	urs/Week	Hobbies/Activ	ities
□ Diabetic □ Vegan □ Vegetarian □ High Fiber □ Low Sodium □ High Protein □ Other □ No □ Yes <i>Type</i>				
_	Vegetarian $\Box$ High Fiber	Low Sodium D High Pr	otein 🗆 Other 🗆 No 🗆 Y	
_	Vegetarian □ High Fiber vironment/Safety <i>(For I</i>	Low Sodium - High Pr Insurance Company Pu	otein 🗆 Other 🗆 No 🗆 Y	'es Type
Lifestyle – Home Env Smoke Detectors In I	Vegetarian □ High Fiber vironment/Safety <i>(For I</i>	Low Sodium   High Pr  Insurance Company Pu  Pool	otein 🛛 Other 🗆 No 🗆 Y <i>rposes)</i>	Yes TypeYes
Lifestyle – Home Env Smoke Detectors In I	Vegetarian 🛛 High Fiber vironment/Safety <i>(For I</i> Home 🔅 No 🖓 Yes tectors In Home 🔅 N	□ Low Sodium □ High Pr Insurance Company Pu Pool/ o □ Yes Seat	otein □ Other   □ No □ Y <i>rposes)</i> 'Spa At Home   □ No □	Yes Type Yes Yes
Lifestyle – Home Env Smoke Detectors In I Carbon Monoxide De Falls In The Last Yea	Vegetarian 🛛 High Fiber vironment/Safety <i>(For I</i> Home 🔅 No 🖓 Yes tectors In Home 🔅 N	□ Low Sodium □ High Pr Insurance Company Pu Pool/ o □ Yes Seat r/Falls Home	otein Other No No N <i>rposes)</i> 'Spa At Home No D Belt Use No D	Yes <i>Type</i> Yes Yes
Lifestyle – Home Env Smoke Detectors In I Carbon Monoxide De Falls In The Last Yea	Vegetarian - High Fiber rironment/Safety (For I Home - No - Yes tectors In Home - N r - No - Yes Number	□ Low Sodium □ High Pr Insurance Company Pu Pool/ o □ Yes Seat r/Falls Home	otein Other No No <i>rposes)</i> <b>'Spa At Home</b> No Belt Use No e Heating Method Gas rms At Home No	Yes <i>Type</i> Yes Yes
Lifestyle – Home Env Smoke Detectors In I Carbon Monoxide De Falls In The Last Yea	Vegetarian - High Fiber vironment/Safety (For Mome No - Yes tectors In Home No Yes r No - Yes Number No - Yes - Treate Date - Influ Influ	Low Sodium - High Pr Insurance Company Pu Pool/ o - Yes Seat r/Falls Home ed - Untested Firea Disease Managemen Luenza Vaccine p Vaccine s Only E	otein Other No No <i>rposes)</i> <b>'Spa At Home</b> No Belt Use No e Heating Method Gas rms At Home No	Yes Yes S □ Electric Yes □ No Answer Date 
Lifestyle – Home Env Smoke Detectors In I Carbon Monoxide Det Falls In The Last Yea Radon In The Home Health Maintenance H&P (Physical Exam) Lipid Panel EKG Colonoscopy FOBT	Vegetarian - High Fiber Fironment/Safety (For Mone No - Yes) Home No - Yes tectors In Home No Mone No r No - Yes Number No - Yes Treate Date Influe = Tday Males = PSA	Low Sodium      High Pr  Insurance Company Pu  Pool/ O      Yes Seat  r/Falls Home ed Untested Firea Disease Managemen  Uuntested Firea  Disease Managemen  Luenza Vaccine  Sonly Firea  ***DIRECTIONS***	otein Other No Y rposes) (Spa At Home No Belt Use No Second	Yes Type Yes Yes Date Yes • No Answer

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Email: Save this PDF file to your computer after completion. Go to emailyourdoc.com for secure emailing. Upload the file and email it to office@mdofficemail.com.

Fax: (480) 539-1763.

Hand Carry: Bring a copy with you to your appointment (if possible) at least 24 hours prior.



	en it comes to your health information, you have certain rights. section explains your rights and some of our responsibilities to help you.
Get an electronic or paper copy of your medical record	<ul> <li>You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.</li> <li>We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.</li> </ul>
Ask us to correct your medical record	<ul> <li>You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.</li> <li>We may say "no" to your request, but we'll tell you why in writing within 60 days.</li> </ul>
Request confidential communications	<ul> <li>You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.</li> <li>We will say "yes" to all reasonable requests.</li> </ul>
Ask us to limit what we use or share	<ul> <li>You can ask us <b>not</b> to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say "no" if it would affect your care.</li> <li>If you pay for a service or health care item out-of-pocket in full, you can ask us not to</li> </ul>
	share that information for the purpose of payment or our operations with your healt insurer. We will say "yes" unless a law requires us to share that information.
Get a list of those with whom we've shared information	<ul> <li>You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.</li> <li>We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.</li> </ul>
Get a copy of this privacy notice	<ul> <li>You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.</li> </ul>
Choose someone to act for you	<ul> <li>If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.</li> </ul>
	• We will make sure the person has this authority and can act for you before we take any action.
File a complaint if you feel your rights	• You can complain if you feel we have violated your rights by contacting us using the information on page 1.
are violated	<ul> <li>You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/ privacy/hipaa/complaints/.</li> </ul>
	<ul> <li>We will not retaliate against you for filing a complaint.</li> </ul>

# Your Choices

# For certain health information, you can tell us your choices about what

**we share.** If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have
both the right and choice
to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory

If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

In these cases we *never* share your information unless you give us written permission:

#### In the case of fundraising:

- We may contact you for fundraising efforts, but you can tell us not to contact you again.

Marketing purposes

• Sale of your information

Most sharing of psychotherapy notes

Our Uses and Disclosures	How do we typically use or share your he We typically use or share your health information in	
Treat you	• We can use your health information and share it with other professionals who are treating you.	<b>Example:</b> A doctor treating you for an injury asks another doctor about your overall health condition.
Run our organization	• We can use and share your health information to run our practice, improve your care, and contact you when necessary.	<b>Example:</b> We use health information about you to manage your treatment and services.
Bill for your services	• We can use and share your health information to bill and get payment from health plans or other entities.	<b>Example:</b> We give information about you to your health insurance plan so it will pay for your services.

continued on next page

**How else can we use or share your health information?** We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

•••••	•••••••••••••••••••••••••••••••••••••••
Help with public health and safety issues	<ul> <li>We can share health information about you for certain situations such as:</li> <li>Preventing disease</li> <li>Helping with product recalls</li> <li>Reporting adverse reactions to medications</li> <li>Reporting suspected abuse, neglect, or domestic violence</li> <li>Preventing or reducing a serious threat to anyone's health or safety</li> </ul>
Do research	• We can use or share your information for health research.
Comply with the law	<ul> <li>We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.</li> </ul>
Respond to organ and tissue donation requests	• We can share health information about you with organ procurement organizations.
Work with a medical examiner or funeral director	• We can share health information with a coroner, medical examiner, or funeral director when an individual dies.
Address workers' compensation, law enforcement, and other government requests	<ul> <li>We can use or share health information about you:</li> <li>For workers' compensation claims</li> <li>For law enforcement purposes or with a law enforcement official</li> <li>With health oversight agencies for activities authorized by law</li> <li>For special government functions such as military, national security, and presidential protective services</li> </ul>
Respond to lawsuits and legal actions	<ul> <li>We can share health information about you in response to a court or administrative order, or in response to a subpoena.</li> </ul>



Patient Name	//////
	sented with a copy of GilbertCenter For Family Medicine's
Patient Signature (If Minor: Parent/ Legal Guardian)	/// Date
Release Information	to Relative/ Friend
	f of Gilbert Center for Family Medicine to relay medical ormation may include but is not limited to scheduled plogical results and medications.
Authorization By   Patient  Legal Guardian	
Information To Be Disclosed	
□ Entire Record □ Billing (Includes Sexually Related Information)	□ Medications
Other	
Information <u>NOT</u> To Be Disclosed	
$\square$ Nothing To Be withheld $\square$ Entire Record $\square$ Billing	$\Box$ Medications $\Box$ Sexually Related Information
Other	
Reason for Disclosure	
Continued Medical Care  Family/ Spouse Use  Sche	ool Use 🛛 Employer Use 🖓 Insurance Use
Other	
Disclosure End Date	
One Year Until Revoked In Writing	□ Until/
Disclosure To ☐ Any Healthcare Provider/ Facility	Children
Any Healthcare Provider/ Facility     Spouse	
□ Other □ 0	Okay To Leave Voicemail
Names	
	//
Patient Signature (If Minor/ Legal Guardian)	Date



# Records Request

	/	/
Birth Date		

#### Address

### **Social Security Number**

1

1

### Authorization

 I authorize the release of my medical records from another provider/facility to Gilbert Center for Family Medicine. (Provider/Facility→ GCFM)

#### Records To Be Released

Medical records shall include all confidential aids, communicable disease, HIV related information, confidential alcohol or drug abuse related information, and confidential mental health diagnosis/treatment information. Release the following described medical records only (specify types and dates).

- All medical records authorized to be released.
- Other medical records authorized to be released:

Provider /Facility Information			
 Provider/ Facility Name	() Phone		
Address	() Fax		

Consent: This consent will expire sixty (60) days after the signed date below. I may revoke this authorization at any time providing I notify Gilbert Center For Family Medicine in writing to that effect. I understand that any release which was made prior to my revocation is in compliance with this authorization and shall not constitute a breach of my rights to confidentiality. I understand that a photocopy of this authorization is considered acceptable in lieu of the original. I herby release Gilbert Center For Family Medicine from all legal responsibility or liability that may arise from the act I have authorized above.

Patient Name	(If Minor: Parent / Legal Guardian)	Date	/
		/	/
Patient Signature	(If Minor: Parent / Legal Guardian)	 Date	



# NOTICE TO PATIENTS

Gilbert Center for Family Medicine has a **NO NARCOTICS** policy.

We will no longer prescribe long term/chronic narcotics or other addictive medications to new patients.

(ie: Adderall, Norco, Vicodin, Xanax, Clonazepam, Ambien etc...)

In addition, Gilbert Center for Family Medicine does **NOT** write letters for emotional support animals. Patients seeking a letter for an emotional support animal will be referred to psychiatry/psychology.

I acknowledge that I have read and understand the above content.

Name (Printed)

Signature

Date